



UTAH FACIAL PLASTICS
& UFP AESTHETICS

Transformation you can Trust

AN INTRO TO AESTHETICS GUIDE

Training courses offered at UFP Aesthetics include hands-on and shadowing opportunities. Licensed healthcare providers can attend these courses such as medical directors, physician associates, nurse practitioners, and registered nurses. These courses are led by our advanced medical providers that are highly educated in this field and will provide you with the proper training, skill set, and tools required to set you up for success. We want to ensure that we pave the way for future providers within the aesthetic industry to ensure you feel capable and qualified to deliver quality, safe, and effective outcomes.

Our courses will include an overview of basic neuromodulator injections such as the forehead, glabellar complex, and crow's feet. They will also illustrate how to properly assess to ensure you are capable to tailor each treatment to meet your client's individualized aesthetic needs. It will also include an overview of dermal filler injections in areas such as the cheeks, nasolabial folds, chin, and lips.

Neuromodulators, such as Botox and Dysport, are anti-aging treatment modalities used to manage fine lines and wrinkles to help you look and feel younger, reduce signs of aging, and enhance your natural beauty.

Dermal fillers, such as Restylane and Juvéderm products, are versatile tools for facial rejuvenation to restore lost volume and provide symmetry and overall balance to the facial features.

COURSES OFFERED AT UFP AESTHETICS

Shadowing Course: In this course, we provide a full eight-hour shadowing day where you will have the opportunity to follow one of our advanced aesthetic providers. Multiple treatment modalities will be demonstrated and explained in detail throughout the day.

This course will cover didactics, an observational experience that will both demonstrate and explain injectable procedures, Q&A time, and a short questionnaire to test your knowledge.

Hands-on Course: In this course, we require a minimum of four hours of hands-on training to ensure you get the most out of your aesthetic experience. The models, supplies, and facility space will be covered under Utah Facial Plastics.

This course will cover didactics, hands-on experience with injectables, Q&A time, and a short questionnaire to test your knowledge.

PRICING FOR TRAINING COURSES

Shadowing Course: \$2500/8-hour clinic day

Hands-on Course: \$500/hour (minimum of 4 hours required)

For either course we require a \$500 deposit to hold your date and implement a 48-hour cancellation policy. For more information on our injectable courses or to schedule your first session, please email kayla@utahfacialplastics.com or call (801) 776-2220.

NEUROMODULATORS FOR FACIAL REJUVENATION

How They Work: Neuromodulators block the transmission of signals between neurons and in return restrict facial muscles from having the ability to contract.

Benefits: Neuromodulators can manage fine lines, wrinkles, dimpling, and skin laxity. More advanced techniques can help reduce acne, minimize pore size, muscle spasms, and treat excessive sweating (hyperhidrosis).



DERMAL FILLERS FOR FACIAL REJUVENATION

How They Work: Dermal fillers contain HA (hyaluronic acid) which will draw water to the surrounding tissue allowing the skin to plump and fill in. The injection points can also trigger collagen production which will also help restore a more youthful appearance to the tissue.

Benefits: Dermal fillers can help restore lost volume, soften the appearance of soft to deep facial wrinkles/folds, and provide contour, shape, harmony, and balance to the facial features. More advanced techniques can address 'tech necklines', and restore volumes to other body parts such as earlobes, above the knees, buttocks, etc.



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