



**DRESSING:** A soft, bulky dressing will be placed around your head to provide moderate compression. The dressing will be removed and replaced with an ace wrap at your post-operative day 1 appointment. If you do not have an appointment the day after surgery, you may carefully remove the dressing 24 hours after surgery and replace it with the ace wrap as instructed. The ace wrap will be worn around the clock for 5 days, apart from taking it off to clean your incisions. It is essential to wear the wrap as directed—**DO NOT wrap it too tightly**. The purpose is to support, not compress.

**For browlifts:** Several pieces of Hypafix tape may be placed on your forehead to support the brow. Keep the tape clean, dry, and in place for 4 days. After 4 days, you may gently remove the tape. Allowing warm water to run over the tape may help with removal.

**INCISION CARE:** Once your dressing has been removed, clean the incisions twice a day with a Q-tip soaked in a 50/50 solution of hydrogen peroxide and water. Do not over clean, discontinue cleaning after 3 days. **Do not try to pick off or remove scabs.** After cleaning, apply antibiotic ointment to the incisions; re-apply as needed throughout the day to prevent dryness. Continue using the ointment until sutures are removed or fully dissolved. If irritation occurs, you may use Vaseline, petroleum jelly, or Aquaphor in place of antibiotic ointment. Following suture removal, it is important to know that your incisions are still healing. To prevent re-opening, do not rub, scratch, pull, or apply pressure to any of the surrounding skin. Do not apply scar gel or makeup to your incisions until they are fully healed, around 10-14 days. For the first year after surgery, use a broad-spectrum SPF 30+ sunscreen containing zinc oxide.