



DRESSING: There may be a small dressing covered with tape over your incision. You may gently remove it 24 hours after surgery.

INCISION CARE: Once dressing is removed, clean your incision twice a day with a Q-tip soaked in a 50/50 solution of hydrogen peroxide and water. Do not over clean, discontinue cleaning after 3 days. **Do not try to pick off or remove scabs.** After cleaning, apply antibiotic ointment; re-apply as needed throughout the day to prevent incisions from getting dry. Continue using the ointment until sutures are removed. If irritation occurs, you may use Vaseline, petroleum jelly, or Aquaphor in place of antibiotic ointment. Following suture removal, it is important to remember that your incision is still healing. To prevent re-opening, do not rub, scratch, pull, or apply pressure to any of the surrounding skin. Do not apply scar gel or makeup to your incision until it is fully healed, around 10-14 days. For the first year after surgery, use a broad-spectrum SPF 30+ sunscreen containing zinc oxide.

ADDITIONAL EXPECTATIONS/INSTRUCTIONS: Avoid opening your mouth wide and extreme facial expressions for several weeks to prevent increased pressure or tension on the incision.