



INCISION CARE: Liposuction will be performed on the abdomen or outer thighs. You and your surgeon will decide where the fat is taken from on the day of your surgery. There will be one small incision with a dissolvable suture and steri-strip (piece of tape) placed on top. Leave the steri-strip there until it falls off in 2-3 days. When it falls off, apply an antibiotic ointment, Vaseline, petroleum jelly, or Aquaphor to the incision until the suture dissolves, around 10-14 days. There will be no incisions on your face.

ADDITIONAL EXPECTATIONS: Localized swelling and bruising will occur around the harvest site (liposuction area) and to the face where the fat was injected. You may appear "overfilled" as 30% of fat cells are not expected to survive. **AVOID using ice OR cold compresses as fat needs warm blood circulation to survive.** Do not perform any facial massaging unless instructed by your surgeon.